

# Lecture Schedule - 2025 Spring Holistic Fair

## SATURDAY

### **11 am    Helene Rose                      Make Miracles Happen**

What if the miraculous isn't reserved for the lucky or the enlightened, but for those brave enough to truly listen to the whispers of their own hearts? In this talk, I reveal how presence, intuition, and radical self-trust can ignite a life of purpose, connection, and unexpected transformation. Through my own journey of heartbreak, healing, and empowerment I challenge the cultural obsession with control, hustle, and external validation. When we stop outsourcing our wisdom and start living by listening within, miracles don't just happen - they become inevitable.

### **Noon    Ruth Sandoval                      Learning to Trust Your Intuition**

A talk about intuitive intelligence as something already alive in the body. You could guide people through how intuition shows up quietly—before doubt, before interpretation—and how to recognize their own signals.

### **1 pm    Rowan Hawkins, Doula    Why a Doula - Would You Run a Marathon Blind?**

Looking at a typical running marathon, we will follow five different participants on their journey. Using their stories as examples for the struggles and perspectives many face in childbirth, I will explain what a doula is and why they can make such an enormous difference in life's transitional periods including postpartum, death, menopause and more.

### **2 pm    Patricia Miller                      Medicine Song Journey Experience**

Dive deep into your energetic landscape in this beautiful journey lead by drum, rattle and voice. Traditional Shipibo Icaros (medicine songs) will hold space for you to go deep within yourself for insight and healing.

### **3 pm    Nicholas Baudhuin                      Quantum Biofeedback and How It Can Help You**

An introduction to Quantum Biofeedback including a description of the equipment with an explanation of a session; as well as a sample session run through and its benefits.

### **4 pm    Elise Adam                              Sacred Soul Connection**

We explore the multi-dimensional aspects of different types of Soul Connections. What they are and how these Sacred connections appear in our lives. Soulmates, Karma, Past lives and Twin Flames.

## **SUNDAY**

### **11 am    Stephen Pustai                    Intro to the Path of the Initiate**

Why have certain people throughout history been able to accomplish amazing seemingly inhuman tasks and others couldn't. Why do secret, closed societies exist? How does initiation, spiritual progression and light help us? And why are they so important?

### **Noon     Janet Bedingfield                Create Your Best Life with Energy Healing!**

You'll be introduced to the magical world of energy healing; what it is, how it works, and why it works. You will discover what causes dis-ease on physical, emotional, mental, and spiritual levels as well as the path to reverse the disease and manifest health and abundance in every area of your life. Experience a short exercise used in the process of uncovering beliefs that are blocking energy and learn the simple requirements for being ready to create your best life through energy healing!

### **1 pm     Val Martinez                            CBD Education**

History and medicinal benefits of full spectrum hemp and CBD products. I am a small business owner with an emphasis on quality / natural products. Our growing techniques are what set us apart. Doc has done numerous seminars in and out of this industry. One of our seminar highlights is the sharing and education of the Shoshone people of the Wind River Reservation in Riverton Wyoming. We have been invited back a few times.

### **2 pm     Brandi Pummell                        Experience the Seraphim Rose Pyramid Mediation System**

Come experience a taste of the Seraphim Rose Pyramid System (SRPS), a transformational cosmic mediation system, channeled by Liz Ann Fischer. Each individual symbol conveys specific energies. Examples include Sacred Cube, which creates sacred space, The River, which promotes emotional balance, and Divine White Light, which enhances one's light body. The SRPS must be experienced to be understood, but like Reiki, it works with one's own body to promote rest, relaxation, and healing.

### **3 pm     Michael Cutter                         Transforming Trauma into Gifts and Light**

After many years of suffering and being called into the Ecuadorian shamanic ways of healing, Michael 'Heartsong' Cutter has become a bridge of indigenous wisdom into the modern world. Join us for a discussion to remember something largely lost in confusion of modern society. Remember the depth of what it is to be human - to transform challenge into strength, trauma into gifts, and dark into light. Learn the practical implications of what this can mean to find a deep sense of purpose, meaning and joy in work, relationships and daily life.

### **4 pm     Elyssa Allen                                Putting Health back into Your Own Hands**

Take a journey igniting the power we hold to heal from within. Elyssa, Registered Nurse, will present her expertise and knowledge with a guided meditation and using the hand holds in Jin Shin Jyutsu. Through this practice you will have the opportunity to reduce stress and pain and connect with something greater than yourself.